

Nudge - Cumberland

Cumberland Island National Seashore A four day/three night backpacking trip

- **Before we go**
 - Camping techniques
 - Backpacking tips
 - Fire building techniques
 - First aid/CPR
 - Setting up tents or tarps or hammocks
- **On the island**
 - Worships
 - TAG time
 - Collecting weather data
 - Journaling
 - Watercoloring
 - Team challenges
 - Net fishing
 - Hiking properly (spacing) look up look down look all around
 - Circle up
 - Identifying - shells, tracks, birds - making lists and getting signature
 - History of the island
 - Visiting the historical sites
- **When we get back**

Cumberland Island - Portfolio Booklet

Use poster board for all pages.

- Glue all parts to the poster board. (25)
- Total size less than 8 1/2 x 11 inches. (25)
- All pages must share the same unique shape. (25)

Cover page (Front and Back Cover should use Adobe Draw)

- watercolor graphic (50)
- shape of booklet matches watercolor graphic (25)
- title of booklet also watercolored (25)
- Back cover-watercolor landscape of Cumberland. (50)

Table of Contents

- inside front cover page (10)
- include page numbers (10)
- follow the content list below

Contents (100)

- worship and weather
- List of the following: shells, birds, animals, plants
- six word memoirs
- landscape watercolor
- stories - title and brief paragraph of each

- Research one plant, one shell, one animal (draw graphic and include 100 word description; include citation).
- Map with our camping spot & hikes highlighted and labeled.
- Notes on Symbiosis
- History of Cumberland Island (Native Americans, Spanish, British, Carnegie, NPS)
 - Image
 - Brief Description

Stories - (choose at least 5) include photos if possible (write stories that matters most to you) (100)

- prep
- Cracker Barrel
- ferry
- hike in
- set up camp
- fishing
- cooking & eating
- swimming
- cut-offs
- hike on beach
- campfires
- beach
- worships & weather
- hike
- ferry home
- Taco Bell
- personal one
- animal encounters

Reflection: (50)

- On this trip, what did I learn about myself? Explain. Include a scripture verse that goes with your reflection or supports it.
- All material will be glued on to poster board pages.

Write your name and date on the back cover. (50)